



# Ready Set Baby

## Safe Medication List

Learn more at [ReadySetBaby.info](http://ReadySetBaby.info)

Antiacids/Reflux	OTC or Rx (Prescription)		
Maalox, Tums, Mylanta, Rolaids	OTC		
Pepcid (famotidine)	Rx		
Tagamet (cimetidine)	OTC		
Aciphex (rabeprazole)	OTC		
Prilosec (omeprazole)	OTC or Rx		
Protonix (pantoprazole)	Rx		
<b>Antibiotics/Anti-fungals</b>			
Amoxicillin, penicillin, ampicillin	Rx		
Augmentin (amoxicillin/clavulanate)	Rx		
Cleocin (clindamycin)	Rx		
Flagyl (metronidazole)	Rx		
Bactrim (trimethoprim/sulfamethaxole)	Rx		
Keflex (cephalexin)	Rx		
Zithromax (azithromycin)	Rx		
Diflucan (fluconazole)	Rx		
Monistat (miconazole, ticonazole)	OTC		
<b>Anti-Diarrhea</b>			
Immodium (loperamide)	OTC		
<b>Anti-Nausea</b>			
Unisom (doxylamine)	OTC		

Phenergan (promethazine)	Rx		
Reglan (metoclopramide)	Rx		
Compazine (prochlorperazine)	Rx		
Zofran (ondansetron)	Rx		
<b>Allergy/Cough</b>			
Allegra (fexofenadine)	OTC		
Benadryl (diphenhydramine)	OTC		
Claritin, Alavert (loratadine)	OTC		
Robitussin (guaifenesin)	OTC		
Zyrtec (cetirizine)	OTC		
Rhinocort	Rx		
Mucinex (guaifenesin)	OTC		
Xyzal (levocetirizine)	OTC		
Zicam			
<b>Constipation</b>			
Citrucel (methylcellulose powder)	OTC		
Senokot (senna)	OTC		
Miralax	OTC		
Milk of mag	OTC		
Dulcolax (bisacodyl)	OTC		
Colace (docusate)	OTC vs prescript		
<b>Pain/Fever</b>			
Tylenol (acetaminophen)			
<b>Sleep/insomnia</b>			
Benadryl (diphenhydramine)	OTC		
Tylenol PM (acetaminophen/diphenhydramine)	OTC		
Unisom (doxylamine or diphenhydramine)	OTC		
Ambien (zolpidem)	Yes		